Rouse Hill Public School

Newsletter
Term 4 Week 2

Upcoming Events

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>16 Oct</td>
<td>Kindergarten Excursion – Calmsley Hill City Farm</td>
</tr>
<tr>
<td>16 Oct</td>
<td>P&amp;C Meeting 7:00pm in Staffroom</td>
</tr>
<tr>
<td>19 Oct</td>
<td>Chinese Language Spectacular 3:30pm – 6:30pm at Sydney Town Hall</td>
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<tr>
<td>20 Oct</td>
<td>Interrelate 6:00pm – 8:30pm in hall</td>
</tr>
<tr>
<td>20 Oct</td>
<td>K – 2 Assembly 2:00pm in hall</td>
</tr>
<tr>
<td>21 Oct</td>
<td>K – 2 Athletics Carnival</td>
</tr>
<tr>
<td>24 Oct</td>
<td>Book Week Parade K - 2</td>
</tr>
<tr>
<td>24 Oct</td>
<td>CAPA Night 6:00pm in hall</td>
</tr>
<tr>
<td>27 Oct</td>
<td>School Band Demonstration 10:00am Years 2 – 5 in hall</td>
</tr>
<tr>
<td>31 Oct</td>
<td>Kindergarten disco at lunch time (Year 6 Farewell fundraiser)</td>
</tr>
<tr>
<td>3 Nov</td>
<td>Stage 2 Excursion – Powerhouse Museum &amp; Imax Theatre</td>
</tr>
<tr>
<td>3 Nov – 4 Nov</td>
<td>DARE Week</td>
</tr>
<tr>
<td>5 Nov</td>
<td>Sport Group Photos from 9:45am</td>
</tr>
<tr>
<td>6 Nov</td>
<td>Yellow Mufti Day – Clown Doctors (SRC)</td>
</tr>
<tr>
<td>7 Nov</td>
<td>Year 1 Disco at lunch time (Year 6 Farewell fundraiser)</td>
</tr>
</tbody>
</table>

Please Note: Other events will be added as dates are confirmed.

Principal’s Report

Deputy Principal
Mrs Cleveland is on leave for the next couple of weeks. Mrs Filipic will be off class during this period and Mrs Shipley will be looking after our senior classes. The school is also pleased to welcome Ms Mossfield who will be Deputy Principal during Mrs Cleveland's absence.

Chinese Dance
Good luck to our students who will be performing a Chinese dance at the Chinese Language Spectacular in the Sydney Town Hall on Sunday night. Thank you to Ms Lim and Mrs Tan for preparing the students for this event.

Tree Trimming
Over the holidays the Department of Education and Communities arranged to have any trees or tree limbs trimmed that were causing a concern.

P&C Meeting
Just a reminder that the next P&C meeting will be held this Thursday night at 7:00pm. Everyone is welcome.

CAPA Night
Don’t forget that the Rouse Hill Public School CAPA night is being held next Friday, 24th October at 6:00pm.
**Morning Tea**
On behalf of the staff I would like to thank the P&C Committee for providing such a wonderful High Tea at the end of last term. The High Tea was organised by the P&C Committee to show their appreciation for all that our staff do. It was delicious and our staff very much appreciated the kind gesture. The yummy food was made by a talented parent, Mrs Lina Zappia, who owns a catering business called ‘Third Person Catering’. Next time you are after a caterer contact Lina on 0488305040 or find ‘Third Person Catering’ on Facebook.

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**Hats**
Now that we are in Term 4 it is really important that students wear their hat every day. Even though some students may choose to stay under the COLA at play time there are a variety of times during the day that classes are exposed to the sun.

Kind Regards
David Jenkins
Principal
School Banking

Rewards update
Term 4 rewards are now available to order. These include the Projector Cup and Sea Streamers. All other rewards are still available with the exception of the Penguin Key Rings which unfortunately have now ended.

Competition
A new competition has begun for Term 4. From 20th October to 30th November for every school banking deposit you make (maximum of 6 entries) you will go into the draw to win one of the following prizes:
- 40 GoPro HERO3 White Edition Cameras
- 150 Slip N’ Slide Double Wave Riders
Good Luck!

End of year update
We wish to advise that our final week of banking this year will be held on Tuesday, 2nd December.

Your school banking coordinators
Jo and Jenny

Absent Notes
When your child has been absent from school please send a note to the class teacher or bring it into the office and place it in the red ‘Absence Notes’ box as soon as your child returns to school. Please remember to include your child’s name, class, reason and the date of absence on the note. To save you from having to write a note we have included a ‘Leave of Absence’ form below. This form is also available from the front office and on our website. If you prefer you can go onto the Rouse Hill Public School App to notify the school of your child’s absence. When you are going on holidays please notify us prior to leaving.
# PBL Assembly Awards

## Term 3 Week 10

**Reason:** Various Reasons

<table>
<thead>
<tr>
<th>Class</th>
<th>Name</th>
<th>Class</th>
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<th>Class</th>
<th>Name</th>
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<tbody>
<tr>
<td>KC</td>
<td>Nicholas</td>
<td>1W</td>
<td>Jett</td>
<td>3C</td>
<td>Cooper</td>
<td>5N</td>
<td>Hollie</td>
</tr>
<tr>
<td>KF</td>
<td></td>
<td>2C</td>
<td>Malacai</td>
<td>3F</td>
<td>Cory</td>
<td>5S</td>
<td>Shaylee</td>
</tr>
<tr>
<td>KG</td>
<td>Ryan</td>
<td>2H</td>
<td>Paige</td>
<td>3R</td>
<td>Max</td>
<td>5T</td>
<td>Brooke</td>
</tr>
<tr>
<td>KN</td>
<td>Cordell</td>
<td>2J</td>
<td>Ava</td>
<td>4B</td>
<td>Jayden</td>
<td>5/6W</td>
<td>Jed</td>
</tr>
<tr>
<td>KT</td>
<td>Manraj</td>
<td>2R</td>
<td>Jonathan</td>
<td>4G</td>
<td>Brendan</td>
<td>6B</td>
<td>Taylah</td>
</tr>
<tr>
<td>K/2K</td>
<td>Richie</td>
<td>2/5G</td>
<td>Peter</td>
<td>4P</td>
<td>Dylan</td>
<td>6G</td>
<td>Emily</td>
</tr>
<tr>
<td>1C</td>
<td></td>
<td>2/6W</td>
<td>Cameron</td>
<td>4S</td>
<td>Harrison</td>
<td>6J</td>
<td>Jonathan</td>
</tr>
<tr>
<td>1H</td>
<td>Melody</td>
<td>3/5M</td>
<td>Jaiden</td>
<td>4/5H</td>
<td>Jack</td>
<td>6T</td>
<td>Jodie</td>
</tr>
<tr>
<td>1S</td>
<td>Xavier</td>
<td>3B</td>
<td>Callum</td>
<td>5F</td>
<td>Blake</td>
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</table>
Welcome back!
It is hard to believe that it is already Term 4!

Term 3 Week 10 Dino Draw -
Look at these Safe, Respectful Learners!

<table>
<thead>
<tr>
<th>Kinder</th>
<th>Year 1</th>
<th>Year 2</th>
<th>Year 3</th>
<th>Year 4</th>
<th>Year 5</th>
<th>Year 6</th>
<th>Support</th>
</tr>
</thead>
<tbody>
<tr>
<td>Talia KG</td>
<td>Ella 1S</td>
<td>Caitlyn 2C</td>
<td>Sarah 3C</td>
<td>Allanah 4S</td>
<td>Jaiden 5N</td>
<td>Jem 6G</td>
<td>Bowen 3/5M</td>
</tr>
<tr>
<td>Haisam KC</td>
<td>Cooper 1W</td>
<td>Taylor 2H</td>
<td>Lachlan 3F</td>
<td>Ben 4B</td>
<td>Regina 5S</td>
<td>Brody 6T</td>
<td></td>
</tr>
<tr>
<td>Kinga KT</td>
<td>Mackenzie 1C</td>
<td>Abbie 2R</td>
<td>Senalie 3C</td>
<td>Ellarose 4G</td>
<td>Emily 5F</td>
<td>Kayla 6T</td>
<td></td>
</tr>
</tbody>
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Term 4 Week 1 Dino Draw -
Congratulations to all!
Year 5 - you need to earn some Dinos for the draw!

<table>
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<tr>
<th>Kinder</th>
<th>Year 1</th>
<th>Year 2</th>
<th>Year 3</th>
<th>Year 4</th>
<th>Year 5</th>
<th>Year 6</th>
<th>Support</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bryce</td>
<td>Liliana</td>
<td>Ava</td>
<td>Alex</td>
<td>Sam</td>
<td></td>
<td></td>
<td>Emilia</td>
</tr>
<tr>
<td>KC</td>
<td>1H</td>
<td>2J</td>
<td>3C</td>
<td>4G</td>
<td></td>
<td></td>
<td>6B</td>
</tr>
<tr>
<td>Riley</td>
<td>Alyssa</td>
<td>Abby</td>
<td>Jarrod</td>
<td>Ethan</td>
<td></td>
<td></td>
<td>Kira</td>
</tr>
<tr>
<td>KT</td>
<td>1W</td>
<td>2J</td>
<td>3C</td>
<td>4G</td>
<td></td>
<td></td>
<td>6T</td>
</tr>
<tr>
<td>Jayson</td>
<td>Lincoln</td>
<td></td>
<td></td>
<td></td>
<td>Montana</td>
<td></td>
<td>India</td>
</tr>
<tr>
<td>KC</td>
<td>1C</td>
<td></td>
<td></td>
<td></td>
<td>4G</td>
<td></td>
<td>6G</td>
</tr>
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Community Information
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GIRRAWEEN HIGH SCHOOL

Invitation To Open Night 2014

To Year 5 Students And Their Parents

Girraween High School is an academically selective high school which offers a curriculum for students who aspire to achieve exceptional HSC results. The school has experienced and dedicated staff providing students with safe, engaging classes and well-equipped facilities.

You are invited to attend an Open Night which will be held at the school. The school band will perform from 5:30 pm and you are welcome to enjoy this performance.

The Open Night will feature classroom tours, displays, presentations and the chance to meet students and teachers.

Refreshments will be provided.

Date: Tuesday, 4 November 2014
Time: 6pm to 8pm
Venue: Girraween High School
110 Gilba Road
GIRRAWEEN NSW 2145
Tel: 9636 7293 or 9636 7303
Fax: 9896 3274
Web: www.girraween-h.schools.nsw.edu.au

HSC 2013 Achievements:
• 50 students received an ATAR of 95 or higher.
• 10 students received the Premier’s Award for All Round Excellence.
• 222 mentions on the Distinguished Achievers List (Band 6 Results).
• 1 student was placed 6th in the state for History Extension.
• 100% of students achieved the top two bands in English Extension 1 and 2, Accelerated Chemistry, Senior Science, Modern History, Extension History, Legal Studies, French Continuers and Extension, Music 1 and 2, and Drama.
• Over 96% of students achieved results in the top two bands in the Mathematics Extension 1 and Ancient History courses.
• In Mathematics Extension 2, 90% of students finished in the top 2 bands.
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Prarthna Bhuta
(Bsc., MPH, MOT)
8 Carrington Road
Castle Hill NSW 2154
t: (02) 9659 2666
e: prath@iinet.net.au
w: www.advancecott.com.au

At Advance Occupational Therapy
a range of assessments and interventions are used to help enhance the potential in each individual.

Unique to Advance are Baby Massage
classes for parents, along with age appropriate developmental exercises for babies using specialised equipment.

We can assist pre-school and school aged children with challenges in the following areas:

- Gross motor co-ordination
- Fine motor skills
- Sensory perception issues
- Visual perception issues
- Self regulation issues
- Low muscle tone
- Learning difficulties
- Behavioural issues
- Autism Spectrum Disorder

FARMERS MARKET – CASTLE HILL

Come join us out at the Castle Hill Showground every 2nd and 4th Saturday of the Month - 8 AM – 12 NOON
New entry into showground is now via Showground Rd.

BUY FRESH Support our little Australian Farmers & Producers from local and regional NSW.
Over 75 stalls of wonderful foods.

Free kids cooking & craft corner held at the market on the 4th Saturday of each month.

Fresh fruit & vegetables, freshly baked breads, beef, pork, lamb, duck, chicken, assorted cheeses, fresh jersey milk, cakes, condiments, oils, antipasti, smoked salmon & trout, teas, nuts, gluten free cakes, freshly made pasta & sauces, scottish products, fench products, fresh cut flowers, plants & seedlings plus so much more.

The Hills Craft market runs alongside us on the 4th Saturday of each month. A great morning to purchase FOOD & GIFTS.

Come early not to miss out. Enjoy breaky out at the markets.

Proudly organised by BLACK CASTLE EVENTS.
www.blackcastleevents.com.au PH 45-726260

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Do something worthwhile, come and do your CPR/First Aid Training with us
OUR NEXT AVAILABLE COURSE IS:

AT: The Australian Hotel and Brewery
ON: 16th July, 20th August, 10th September, 8th October, 5th November, 10th December

For more information, call 1300 649 157.

“Remember, any attempt is better than no attempt at all...”
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Active Pregnancy

**Active Mum & Bub Classes**
- Rebuild your pre-pregnancy body. Exercise with your baby or children, in the great outdoors. Focusing on fitness, strength, tone, pelvic floor, abdominals & posture.

**6 Week Body Overhaul**
- An intensive 6 week program designed especially for women. The fastest way to get results. Get fit, strong, tone weight, tone up, increase energy & improve eating habits. Creating a fitter, healthier, new you.

**Women's Boot Camp (Outdoor Fitness)**
- A fun fitness program designed especially for women. Designed to get you fit & losing weight. Creating fatter stomachs, shapely legs, tighter butts and awesome arms.

**Cardio Kick Boxing**
- Get fit, tone up, let off some steam and have fun at our Women's Cardio Kick Boxing Classes. A 45 minute intense class using fun kick boxing drills to get you results fast.

**Awesome Abdominals - Your Mid-Section Makeover**
- Abs can weaken and lose shape due to; past pregnancies, abdominal surgery, sitting for hours a day at a desk, not enough time with traditional crunches. Learn how this programme can help:
  - Strengthen abs of a flat stomach
  - Alleviate and prevent back pain
  - Regain control of abdominal muscles after surgery
  - Improve posture, stand stronger, noticeably
  - Strengthen pelvic floor

**Infant & Child First Aid Course**
- Keep your child safe & avoid mishaps by being prepared. Covering CPR, Choking, Drowning, Allergic Reactions, Burns, Arthritis, Poison, Bites & Stings, Childhood Diseases & more.

Locations:
Baulkham Hills & Rouse Hill
Ph: 1300 383 361 / 0409 248 833
www.activemum.com.au

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I ♥ Netball

Baulkham Hills Sports Club
Netball Division

Is holding Registration Day for Season 2015 on Saturday 25th October at Baulkham Hills Sports Club Renown Road Baulkham Hills 10.00am to 2.00pm

For girls turning 9yrs in 2015 through to Senior players

Never played but think you would like to? Experience not a requirement of registration.

We teach you how to play and enjoy Netball.

Visit our web site www.bhsnetball.org/ for more details or come along the registration day. Have all your questions answered.

I ♥ Netball, I ♥ Netball, I ♥ Netball.
Community Information

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EDUCATE TO COMMUNICATE (Speech Pathology)
ROUSE HILL

Is your child experiencing difficulties in any of the following areas?

- Speech Sound Production.
- Following instructions.
- Reading comprehension.
- Producing sentences.
- Telling stories.
- Answering questions.
- Stuttering.

A Speech Pathologist can assist children with communication difficulties.

Contact us on 0401 937 626 to make an appointment.

Take Me Home Teddies

www.TAKEMEHOME TEDDIES.com.au
bkhomehometeddies@gmail.com
www.facebook.com/pages/Take-Me-Home-Teddies

We are a "Stuff your own teddy" party business... but with a twist

Simply pick one of the packages that suits your needs and budget and then contact us to book your time.

You can pick your favourite teddy Bring it to life with our unique mobile stuffie machine called TED JR!

Choose an outfit and matching shoes! Accessories including strollers, handbags, noise inserts, sunglasses etc.

Name your new friend, and get a birth certificate for him/her You'll also get a Critter Cottage or Backpack for your teddy to live in!

All parties receive a FREE craft box to make bracelets for your bear and yourself!
Community Information

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Welcome to All from 3 years
TAEKWONDO WORLD
Martial Arts for All

TKD Kids will learn
✓ Concentration ✓ Discipline
✓ Self Defence ✓ Confidence
✓ Bully Safety ✓ Respect

FREE Uniform & 2 Weeks Training

5 Gladstone Rd, Castle Hill 0419 414 488
tkdworld.com.au 8850 7771

Your Dog Clean, Flea Free & Smelling Great... Or It’s FREE!

We Come To You!

YOUR DOG WILL ENJOY...

Hydrobathing
A warm fresh water Hydrobath using environmentally friendly solutions will clean your pooch’s coat, relieve skin problems and improve coat condition

Grooming
To remove excess hair and light matting. (Clipping available in some areas)

Nail Clipping
Will ensure your pooch’s feet are kept in great shape (included FREE)

Ears & Eyes
Hygienically cleaned to remove wax and sleep

Aromacare
Choose from 2 Essential Oil rinses, Lavender or Rosemary

Deodorant
Will add lustre to your pooch’s coat and smells great

Blow Drying
To remove excess water, so your pooch will be ready to cuddle and play with

Deggy Treat
Your pooch will be rewarded with a special treat that’s delicious and healthy and promotes dental hygiene

Doggie Products
For your convenience we now have Flea & Tick control and other pet products

FREE GIFT FOR 1ST TIME USERS

Aussie Pooch Mobile
Ph: 1300 369 369
www.aussiepm.com.au

Find us on Facebook

The Worlds First & Premier
Dog Wash & Care Franchise Est. 1991
Community Information

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Tax & Accounting advice that is simple, clear and honest!

We offer the convenience of after-hours and weekend consultations and best of all we will come to you.

No one cares more about your finances and business than you do - until now!

We offer a wide range of Tax and Accounting Services for individuals and businesses including:

- Individual Tax Returns
- Company, Trust and Small Businesses Returns
- Bookkeeping including software set up
- BAS/IAS preparation & Returns
- Company Set up & Registrations – ABN, TFN, GST, PAYG, Business Name
- Preparation of budgets, forecasts and business plans

For your Free Assessment
Call Adrian (02) 8073 4608
Email adrian@mastax.com.au

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Dream, Strive, Achieve
Hills District Tennis Academy

Dream • Strive • Achieve

FREE enrolment pack for all new students

• Junior coaching
• Little Ace’s modified coaching 3 years and up
• Adult coaching
• Private/semi-private coaching
• School holiday tennis camps

Call today on 0417 405 911 or visit: www.hillsdistricttennisacademy.com.au

M: 0417 405 911 E: info@hillsdistricttennisacademy.com.au
Annangrove Park Reserve, Currie Ave, Annangrove NSW 2156
www.hillsdistricttennisacademy.com.au
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Glenhaven Public School P&C invite you to come and enjoy Halloween with a ‘Movie Under the Stars’

When:
Friday 31st October 2014 (Halloween)

Where:
Glenhaven Public School Oval – entry via main gate

Time:
Gates Open 6.30pm – Movie @ Sunset approx 7.30 pm

$10.00 per person

Limited tickets available so prepay now
Under 4’s free
Tickets $13 on the night if not sold out prior

Email for ticket information
ghmovenpublicmovienight@gmail.com
Community Information

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Now OPEN in Castle Hill at the Children’s Doctor.

Specialist services in:

- Dyslexia Diagnosis
- Reading Difficulties and Disabilities
- Reading Intervention
- Academic Assessment and Reporting
- Working Memory Assessments

P: 1300 869 905

ABN: 22443008353
Community Information

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Wesley Family Centre, the Hills

Term 4 2014
Wesley Family Centre, the Hills, Unit 437-14 Lexington Drive, Bella Vista NSW 2153
E: thehills@wesleymission.org.au  P: 8805 7288  F: 8805 7298  PO Box 7106

Family Support Work for families with children 0 - 17 yrs. Family Workers and Parenting Coaches can assist you individually, as a couple, and as a family. Together we can explore the strengths and skills you have within your family and by identifying any changes or improvements you would like to make we can set goals and/or locate specialist services to achieve these outcomes.

Hours of services: Monday - Friday 9.00am - 5.00pm
After Hours: Tuesdays & Thursday 9.00am - 6.00pm

Community Development - Rouse Hill Families Connect. A Families New South Wales initiative providing families with children aged 0 to 8 years opportunities to meet their neighbours in around the local area. Dads, Mums and any significant carers of children are invited to actively engage in their child’s early development and learning through our fun play based community activities.

Multicultural Women’s Support Group in a relaxed friendly, fun environment, providing Multicultural women, who care for children aged from birth to 12 years opportunities to meet other local parents and develop relationships with other local women, participate in a engaging programs that can assist with your child’s education and development and help you to learn more about other support services in your local community.

Financial Counselling Services providing free independent and confidential face-to-face counselling. Our professional financial counsellors can help you if you are in financial difficulty or would like to manage your money more effectively. They can provide short-term crisis management and long-term prevention strategies.

Children’s Expressive Therapies the Hills offers mental wellbeing to children and young people aged between 5 - 15 years old, who are seeking help for emotional support and growth in their lives. It is an individual and/or group therapeutic counselling program delivered by an experienced Art Therapy practitioner of 15 years. The service provides young people with the tools and support they need to gain the confidence to overcome crisis in their lives.

StreetSmart Youth Outreach providing information and advice to young people and their families who require support within the local community.

Counselling In Partnership with a local Child and Family Therapist - this service will provide counseling for children, youth, individuals, couples and families

After Hours: Tuesdays & Thursday 9.00am- 6.00pm

EarlyEd is a family - centered, early childhood intervention service for young children with disabilities or developmental delays in their development. A Wesley Family Centre, the Hills partnership.

“It takes a village to raise a child”
Community Information

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Positive Parenting Program - Triple P
For parents with children aged between 0 -12yrs

Kids don’t come with an instruction manual. The Positive Parenting Program can assist you with a specific problem, or provide tips on parenting and help with understanding your child’s behaviour and emotions in relation to their development.

The program gives you the tools to encourage behaviour you like from your child, teach your child new skills and behaviours and deal positively and consistently with problem behaviours.

MONDAYS (20th October to 17th November) 10:00am - 12:00pm
Cost: $30.00 single, $45.00 couple (registrations essential)
Wesley Family Centre, the Hills, Unit 437, 14 Lexington Drive, Bella Vista, 2153
Contact: Tanya at Wesley Family Centre, the Hills on 8805 7288

“Because of the Positive Parenting course, I learnt that everything I do and learn is in some way driven by the way I feel. I have learnt that rather than getting angry with his behaviour I can teach him to understand his feelings more and how appropriate behaviours gets him better results, it is time well spent.
My relationship with ‘J’ is stronger.”

123 Magic & Emotion Coaching
For parents with children aged between 2 -13yrs

A 6 week program for parents that aims to teach effective and well researched ways to manage difficult behaviours in children aged 2-13 years.

Emotion coaching, together with the behavioural strategies encompassed within 123 Magic, provides parents with a balanced approach to managing their children’s behaviour while teaching their children skills to better manage their emotions and make better choices understanding boundaries, consequences and taking responsibility for their own behaviour.

Each session will teach you:
- key ideas about children's abilities
- common problems that parents face
- some ways to help you make parenting as enjoyable as possible

TUESDAYS (21st October to 25th November 2014) 6:00pm - 8:00pm
Cost: $30.00 single, $45.00 couple (registrations essential)
Wesley Family Centre, the Hills, Unit 437, 14 Lexington Drive, Bella Vista, 2153 (Rooftop parking)
Contact: Kamalini at Wesley Family Centre, the Hills on 8805 7288
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Music Playschool
For children aged between 18mths and 5yrs and their parents

Music Playschool group is an early childhood development program that utilizes active music making, singing and movement to facilitate the physical, cognitive, emotional and social components essential for early child development. It may also assist your child with developing their social and emotional skills and increase your child’s speech development, whilst strengthening the bond between you and your child. Music play can also help with literacy and numeracy development.

WEDNESDAYS (29th October to 3rd December) 10:00am - 11:00am
Cost: $35.00 for one child, $50.00 for two children (payable upon registration)
Rivergum Community Church, 49 Withers Road, Kellyville, 2155
Contact: Banu at Wesley Family Centre, the Hills on 8805 7288

A partnership between Rivergum Community Church and Wesley Family Centre, the Hills.

Favourite Children’s Book!

The Little Engine That Could
(2012)
by Watty Piper (Author)

Rouse Hill Families Connect

SportEd
Social and physical skill development activity for children 0 - 5yrs with a disability or developmental delay.

- take part in sporting activities
- learn basic sport and team skills
- increase their child’s balance, flexibility, strength and coordination
- learn fun ways to practice skills at home
- join in local sporting programs and clubs

THURSDAYS (16th October to 20th November) 9:30am - 10:15am OR 10:30am - 11:15am
Cost: FREE (registration essential)
Rivergum Community Church, 49 Withers Road, Kellyville, 2155
Contact: Dhanya at Wesley Family Centre, the Hills on 8805 7288

A partnership between Early Ed, Rivergum Community Church and Wesley Family Centre, the Hills.
Community Information

The following are paid advertisements. Rouse Hill Public School does not endorse nor assume responsibility for the products/service advertised.

STREETSMART

YOUTH INFORMATION AND REFERRAL SERVICE

Are you between 12-18yrs?
Come down to the
STREETSMART
Market Square Rouse Hill Town Centre

YOUTH OUTREACH BUS

People to Meet, food to Eat - Mix your own tunes on our DJ equipment - Compete in our weekly Gaming Tournament

Find out about other local services for youth
Including housing, drug and alcohol
Programs, school engagement
Individual and Family Relationship Support

For More Information call: 88057288

STREETSMART END OF YEAR

SUMMER FEST

STREETSMART Rouse Hill Youth Outreach is having a summer festival to celebrate its first year in the Hills.

Come and join the team for fun, sun and a slamming good time!

Venue: Rouse Hill Town Centre, Market Square
Time: 4.00pm - 8.00pm
Date: Thursday 4th of December
For more info call Adam or Evan on 88057288

A partnership activity between 2realise, GPT Rouse Hill, Headspace, High Street Youth, MTC Australia and Rivergum Care.
**Community Information**

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**YOUTH MATTERS**

**PARENTING INFORMATION WORKSHOP**

**FREE WORKSHOP**

**Do you have a teenager?**

If you have a teenager
It’s no secret you have one of the hardest jobs in the world so don’t miss this fantastic opportunity!

Parents are invited to attend this life changing workshop aimed at equipping you with positive and powerful skills to raise resilient and successful teenagers. The session is uplifting and motivational and will provide skills for each member of the family to contribute, support and encourage each other.

Achieve great things in your life  
Find your place in the world  
Make positive life choices  
Build long lasting relationships

6:45pm Wednesday 29th October 2014  
William Clarke College, 1 Morris Grove, Kellyville  
RSVP to natalie.paoli@2realise.org.au or 02 9639 0253

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Special thanks to The Hills Shire Council and William Clarke College  
This initiative has been brought to you by 2realise, Wesley Family Centres The Hills, MTC Australia and Castle Hill Police.
Community Information

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Multicultural Mums Parenting & Support Group

This Multicultural Mums Group provides social support, education and information for all parents in the community.

The program offers mothers, sisters, aunts and grandmothers the chance to come together to meet and make new friends with other local mums, share stories, learn about parenting and exchange ideas and information in a relaxed friendly and safe environment.

The program will include cooking, arts and crafts, health and beauty, Christmas celebration and more. Families will also be invited to attend community events.

Childcare is available for this group and must be pre-booked as there are limited places.
Children are looked after by professional Early Childcare workers where they can enjoy activities that benefit their development.

THURSDAYS (16th October to 4th December) 10.00am - 12:00pm
Cost: FREE (registrations essential)
Wesley Uniting Church Castle Hill, 32 Showground Road, Castle Hill
Contact: Alice or Banu at Wesley Family Centre, the Hills on 8805 7288

A partnership between SydWest MSI, Wesley Uniting Church Castle Hill and Wesley Family Centre, the Hills.

“I really liked this cooking class. I’ve learnt a lot and have enjoyed myself.”

“Cannot be any better than this, a relaxing and educational session for a busy mother.
Making friends, a social opportunity for both myself and my children.
The TAFE teacher and the workers are awesome. Best people I have ever met.”

“This is an excellent - well run group. Interesting topics and great opportunity
to mix with other mums.”

“Thank you, very enjoyable group.
I’ve learnt a lot.”