Upcoming Events

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>2nd March</td>
<td>Peter Wynn Rugby League</td>
</tr>
<tr>
<td>3rd March</td>
<td>SRC Induction Assembly</td>
</tr>
<tr>
<td>4th March</td>
<td>Ridges Swimming Carnival</td>
</tr>
<tr>
<td>4th March</td>
<td>RHPS on Better Homes &amp; Gardens</td>
</tr>
<tr>
<td>7th - 8th March</td>
<td>Leadership Camp</td>
</tr>
<tr>
<td>10th March</td>
<td>P &amp; C AGM</td>
</tr>
<tr>
<td>11th March</td>
<td>PSSA Round 4</td>
</tr>
<tr>
<td>14th March</td>
<td>Paul Kelly Cup</td>
</tr>
<tr>
<td>14th - 15th March</td>
<td>Debating Camp</td>
</tr>
<tr>
<td>18th March</td>
<td>Action Against Bullying</td>
</tr>
<tr>
<td>24th March</td>
<td>Easter Hat Parade K-2</td>
</tr>
</tbody>
</table>

Please Note: Other events will be added as dates are confirmed.

Principal’s Report

Bike Safety

Can parents of students who ride their bikes to school please remind them about safe riding habits. Recently we have had several concerned parents contact the school worried about how safely students ride to school. We will also remind students at school at the next assembly.

Better Homes and Gardens

This Friday night students, parents and staff from RHPS will be seen on the cooking segment of Better Homes and Gardens. As parents may remember ‘Fast Ed’ and the production crew visited the school at the end of 2015 to film in our school canteen. This segment will be shown for the first time this Friday night.
**Ridges Swimming**

*Good luck* to the *42 students* participating in the *Ridges Swimming Carnival* this *Friday*. *Thank you* also to *Miss Torta and Mr Futcher* for looking after the team on the day.

**Whooping Cough**

We have had another case of *Whooping Cough* reported to the school. Please keep your child at home and take them to the Doctor if you suspect they might have Whooping Cough.

**P&C**

Next *Thursday (10th March)* is our *P&C AGM*. The meeting will be held in the staffroom *starting at 7pm*. Everybody is welcome!

**Parking**

The *Hills Shire Council* have asked for the following message to be included in our newsletter;  
“As you would be aware Council’s Compliance Officers provide parking enforcement at your school. We have had further complaints about driver behaviour in the Rouse Hill Community Centre Carpark. Despite new signage reminding parents to park in marked bays only and additional No Stopping signs around the pedestrian crossings parents are still dropping off children on and near the marked pedestrian crossings and outside of the marked parking spots. These parents will be fined.

**Hats**

*IMPORTANT* – Please ensure your child brings their hat to school *EVERY* day.

Kind Regards  
*David Jenkins*  
Principal
**PBL Assembly Awards**

**Week 4**

Reason: A positive start to the year.

<table>
<thead>
<tr>
<th>Class</th>
<th>Name</th>
<th>Class</th>
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<th>Class</th>
<th>Name</th>
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</thead>
<tbody>
<tr>
<td>KA</td>
<td>Viba</td>
<td>2T</td>
<td>Corey</td>
<td>4-6S</td>
<td>Kasey</td>
</tr>
<tr>
<td>KC</td>
<td>Teagan</td>
<td>2/3V</td>
<td>Zoe</td>
<td>5H</td>
<td>Brock</td>
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<td>KM</td>
<td>Nate</td>
<td>3G</td>
<td>Lincoln</td>
<td>5P</td>
<td>Maisie</td>
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<tr>
<td>KT</td>
<td>Chloe</td>
<td>3J</td>
<td>Timothy</td>
<td>5/6G</td>
<td>Daniel</td>
</tr>
<tr>
<td>1B</td>
<td>Ethan</td>
<td>3T</td>
<td>Max</td>
<td>5/6M</td>
<td>Caprice</td>
</tr>
<tr>
<td>1C</td>
<td>Elliot</td>
<td>1-4J</td>
<td>Richie</td>
<td>6B</td>
<td>Madison</td>
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<td>1E</td>
<td>Amelia</td>
<td>4B</td>
<td>Harrison</td>
<td>6N</td>
<td>Oliver</td>
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<tr>
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<td>Kaitlyn</td>
<td>4W</td>
<td>Zachary</td>
<td>6R</td>
<td>Jayden</td>
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<tr>
<td>2J</td>
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<td>4/5T</td>
<td>Sophia</td>
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<tr>
<td>2M</td>
<td>Keeley</td>
<td>4-6K</td>
<td>Dane</td>
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**Week 5**

Reason: Being Respectful during classroom Learning

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<th>Class</th>
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<td>4-6K</td>
<td>Rohan</td>
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<td>2/3V</td>
<td>Cooper</td>
<td>5P</td>
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<td>Jasmine</td>
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<td>4W</td>
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<td>Emmi</td>
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<tr>
<td>2J</td>
<td>Lisa</td>
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<td>Lydia</td>
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**Week 6**

Reason: Displaying a positive attitude to learning.

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<td>Lilly</td>
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<td>Tyler</td>
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<tr>
<td>2J</td>
<td>Liam</td>
<td>4/5F</td>
<td>Nicholas</td>
<td>6R</td>
<td>Ashlie</td>
</tr>
</tbody>
</table>

Thank you to the Wright Family for their assistance with the 2016 RHPS canteen menu.

Regards
Jodie Gullick
P&C Business Manager
SchoolEnews

Schools send free alerts and notes, newsletters, notices, events, news and more to parents.

How to install School Enews

iPhone and iPad Users
1) Press App Store icon on your device
2) Press Search and type in "Enews"
3) Press "Get", the app will download
4) Press "Open" and accept "push alerts"
5) Search for your school name

Android Users
1) Press Play Store icon on your device
2) Press magnifying glass and type in "Enews"
3) Press "Install", the app will download
4) Press "Open"
5) Search for your school name

Configure Push Alerts
1) Press "Settings / Cog" icon
2) Turn off the lists you don’t want

Other Smartphones and Tablets
Visit http://app.schoolenews.com for more apps

Subscribe for Email Updates
1) Visit your school website
2) Click "School Enews" or "Newsletters & Notes" top heading (might differ slightly)
3) Under the "Subscribe" heading, tick on appropriate lists
4) Enter in your name and email address.
5) Click Subscribe (IMPORTANT: An email will be sent to your email address, you MUST click the "Activate Now" inside this email that is sent to you)

Don’t forget to Like us on Facebook.com/schoolenews
Find out more at www.schoolenews.com
Community Information

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**India Club Indian Community Forum**

**Social Media & Safety**

An understanding of social media in order to keep yourself and your children safe

< Free Event & Open to all >

Presented by

The New South Wales Police Force, The Hills Local Area Command

Overview:

Superintendent Rob ORCHILLOW, Commander

Speaker:

Senior Constable Rob Paterson, Youth Liaison Officer

Cybersafety and bullying is the number one non-academic issue in schools today.

Online behaviour may affect:

- Self-esteem
- Learning and relationships
- The Internet exposes young people to inappropriate images, language, as well as criminal behavior

Some topics covered:

- How to keep safe online - the latest social networking sites, online gaming, cyber bullying, sexting, cyber bullying - Facebook, Instagram, KIK, Snapchat, Skype, Google Plus, relevant laws and police action.

Sunday 6th March 2016

Assemble at 2 pm for 2.30 start to 5:30 pm

Wesley Castle Hill Uniting Church

32-34 Showground Road Castle Hill

We invite all in the area to benefit from the Forum presentation, open to all.

Spread the word & encourage your friends to attend

Snacks, Tea & Coffee to Enjoy

RSVP:

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**Static Dance Studios**

2 locations

Glendenning & Rouse Hill

3 Fully equipped, Air-conditioned Dance studios. Student workshops offered by Worldclass Teachers Classes for 3 years, Boys and Girls, Beginners to Advanced. Winners of over 100 International Dance Championships Titles 2006-2014.

Head office: 129/27 Enterprise Drive, Rouse Hill. Ph 8675 1325 & Mobile: 0411 228 275

32-34 Showground Rd Castle Hill

New Students can present this flyer to receive your first 3 lessons free.*

*free lessons cannot be used for Cheerleading or Aerial Classes
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Want to study the Maltese Language?

Enrolments are open for Term 1, 2016 for the Saturday School of Community Languages (SSCL) classes

**For beginners and Primary students:**

School Maltija Sydney classes will be at Rouse Hill Primary School and at Ringrose Public School
For information contact Jane Borg on 04111487233 or Pauline O’Brien at pvobrien@bigpond.com

**For High School students:**

Classes will be at Seven Hills Sports High School

**For Adult students:**

Classes will be at Ringrose Public School
For information contact Anna Cuscheri on annacas1@optusnet.com.au or Jane Borg on ringgirl@hotmail.com

To join the classes, students can apply through their school, or by going to www.sscs.schools.nsw.edu.au/how-to-enrol or by contacting Charles Galea at galeashl@iptimus.com.au

The study of the Maltese language is a Board of Studies NSW accredited course, and is an SSCL and DEET endorsed program, that gives the students a well-rounded education in literacy, culture and language.
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**BRAVE Self-Help** is an online program for the prevention, early intervention, and treatment of youth anxiety. It was developed at The University of Queensland by experts in youth anxiety and has now been running for over 14 years throughout Australia. The program is fun, interactive, based on cognitive-behavioural principles and has been found to be effective in reducing anxiety in children and adolescents. It has helped hundreds of children experiencing social anxiety, shyness, separation anxiety, phobias and general worries. **BRAVE Self-Help is now available to use at home for free** due to the support of **beyondblue**. Any Australian young people who would like help with anxiety can access the self-help program via [https://braven4you.psy.uq.edu.au](https://braven4you.psy.uq.edu.au). The program can be accessed through any computer or tablet device, at any time and includes up to 10 sessions for youth. Parents can also take part in a separate parent program to learn ways of helping their child or teenagers manage anxiety. Teachers, young people and parents can also find out more about the program or take a trial or any of the programs through the BRAVE website.

---

FREE ONLINE SELF-HELP PROGRAM AVAILABLE FOR YOUNG PEOPLE WITH ANXIETY!

Anxiety is an extremely common problem that affects people of all ages. Although anxiety is completely normal at times, it becomes a problem when it starts to interfere with a young person’s happiness, stops them...