29th January 2015

2015 SCHOOL SWIMMING CARNIVAL

Dear Parents and Caregivers,

The Rouse Hill Public School Swimming Carnival will be held on Wednesday 11th February 2015. This carnival is part of our school sports curriculum and qualifying swimmers will represent our school at the Ridges District Carnival.

Children in Years 3 to 6 are required to attend. Children in Year 2 who turn 8 this year and are able to swim 50 metres competently are also invited to attend. There is a medical and entry form attached. Please complete and return them with the consent form and money to your classroom teacher by Thursday 5th February, 2015.

Date

Wednesday 11th February 2015 – buses leaving school at 9.00am

Venue

Riverstone Swimming Centre – Market Street, Riverstone
Water depth ranges from 1.8m near the starting blocks to 1.2m at the shallow end.

Cost

$8.00 per child (bus fare and pool entry). Entry for spectators is $2.80 (pay at the gate).

Time

Given our large student numbers, an earlier start time is necessary to give children the opportunity to compete in each of the events. Students attending the carnival need to be at school no later than 8:45am.

K-2 students will commence school at the usual starting time of 9:25am. Year 2 children attending the carnival need to be at school at 8:45am. The carnival will commence at 9:30am and should conclude around 2:30pm.

Transport

All students are required to travel by bus from school to the carnival. Buses will leave from the school at 9:00am and will return before 3:25pm. Students are permitted to go home with their parents from the carnival once their names have been marked off the roll. If you wish to take someone else’s child home, written permission must be provided by the child’s parent.

Conditions

Once parents have signed out their child, it is their responsibility to supervise their child. If parents intend to remain at the pool you must pay a re-entry fee of $2.80 for your child as the
school payment only covers the carnival/bus fee. Please respect the pool centre’s position on this condition.

**Seating**
Children who are not competing in races must remain in the shaded area at the poolside. There is a flat tree shaded area at the entrance end of the pool if parents wish to set up chairs and umbrellas. Students need to sit with their sport’s house and support the competitors.

**Supervision**
All primary staff will attend the carnival. Two certified lifesavers from the centre will be on duty in addition to supervising teachers.

**Uniform**
Students wear full sports uniform, with a shirt in their house colour if they choose. Students are encouraged to wear their swimming costume under their uniform or they can change at the pool. No crepe paper streamers are allowed at the pool.

**Please bring**
Your child will need to bring the following in a bag if not already worn: swimmers, towel, hat, sunscreen, lunch, recess and drinks. As this is an outdoor venue, it is recommended that students bring adequate sun protection eg. SPF50+ Broad spectrum, water resistant sunscreen.

**Lunch**
Children are required to bring their own recess and lunch. Drinks and snack foods are available at the kiosk. Each sport house will be given the opportunity to go to the kiosk at some time during the day.

**Parent helpers**
The success of our carnivals is due to the generosity of those people who volunteer to help as officials. If you can spare an hour or more, please complete the section at the bottom of the consent form. A confirmation note will be sent home with your child prior to the carnival date.

Miss Jenna Torta  
Carnival Organiser

Mr Daniel Futcher  
Carnival Organiser

Mr David Jenkins  
Principal
Rouse Hill Public School Annual Swimming Carnival Consent Form
PLEASE ENSURE THAT EACH SECTION IS COMPLETED

Section 1: Permission to Attend / Payment

I give permission for my child __________________________ of class _______ to attend the Rouse Hill Annual Swimming Carnival at the Riverstone Swimming Centre on Wednesday 11th February, 2015. I understand that this excursion has the Principal’s approval.

I have [ ] enclosed $8.00 pool entry/bus fare.

I have [ ] paid $8.00 pool entry/bus fare online. Receipt number ________________________________

Signed .......................................................... Date __________________________

Section 2: Permission to Swim

Please indicate which type of swimmer your child is remembering the carnival is held in a 50 metre pool.

In relation to the water or swimming activities, I advise that my child is a; (please tick one)

[ ] strong swimmer (can swim 50m and over confidently, with correct stroke/breathing - no pausing at all)

[ ] average swimmer (can swim 50m competently without stopping or standing up.)

[ ] weak swimmer (can swim 10-40m, but requires frequent stopping/pauses. Not to enter any events - may attend to support competitors)

[ ] NON-SWIMMER – CANNOT SWIM (not to enter any events – may attend to support competitors)

My child can swim unaided for approximately _________________ metres.

(PLEASE CIRCLE) I give / do not give permission for my child to participate in a structured swimming activity with adult supervision.

Signed .......................................................... Contact number: __________________________ Date __________________________

Section 3: Parent Helpers

I am able to assist at the Swimming Carnival: Yes/No

Parent’s name______________________________ Child’s name___________________________ Child’s Class _________

Please tick one or state in order of preference the areas in which you would be prepared to assist:

[ ] Set up (9:00am) [ ] Timekeeper [ ] Judge [ ] Lifesaver [ ] Marshall

[ ] Pack up (2:30-3pm) [ ] Any

Time - circle one: 9:30am – 12 noon 12 noon – 2:30pm All day
Permission / Medical Form for ___________________ of class ______

**Excursion Details**

<table>
<thead>
<tr>
<th>Excursion Name/Venue</th>
<th>Date/s</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>School Swimming Carnival</strong></td>
<td><strong>Wednesday 11th February, 2015</strong></td>
</tr>
<tr>
<td><strong>Riverstone Community Pool, Riverstone</strong></td>
<td></td>
</tr>
</tbody>
</table>

**Parent/Guardian Contact Details**

<table>
<thead>
<tr>
<th>Full name of Parent/Guardian</th>
<th>Home phone</th>
<th>Work phone</th>
<th>Mobile</th>
</tr>
</thead>
</table>

**Special Needs**

Please identify any special needs or requirements (eg diet, wheelchair access, etc)

**Medical Information**

Does the participant suffer from any of the following? Please colour the bubble if answer is yes.

- O Any allergic conditions
- O Skin condition
- O Diabetes
- O Epilepsy, fits or blackouts
- O A disability or chronic illness
- O Asthma (include the asthma plan)
- O Attention Deficit Disorder (ADD/ADHD)
- O Behaviour problems

O A current illness (eg flu)

Date (year) of last tetanus immunisation ___________

If yes to any of the above please give details and attach a health care plan where necessary.

**Health Care Plan**

My child has a current health care plan: Yes / No

Does the school have a copy? Yes / No

If Not, I have attach a copy to this medical form: Yes / No

**Current Medication**

<table>
<thead>
<tr>
<th>Medication</th>
<th>Time/s</th>
<th>Dose</th>
</tr>
</thead>
</table>

1. Scheduled medication must be provided in original container.
2. Staff will register and supervise the taking of medication.
3. All medication will be collected by staff.

**Consent To Attend and Seek Medical Treatment**

I give permission for my child to attend the swimming carnival on Wednesday 11th February, 2015 and understand that travel will be by bus to and from the venue. In the event of illness or injury I give permission for medical assistance to be sought.

Signature: ____________________________ Date: __________________

Parent/Guardian
ROUSE HILL P.S SWIMMING CARNIVAL
EVENT ENTRY FORM

Child’s Name: ___________________________ Class: ___________

HOUSE: Please circle: Rouse (red) Kelly (blue) Davis (green) Terry (yellow)

D.O.B ___________ Age turning/turned this year: _______ Gender: Female Male

Please circle type of swimmer: strong average

*Note: Weak and non-swimmers may not enter events.

We don’t hold finals. Students are selected for the Ridges Carnival based on heat times. The fastest 3 times qualify for freestyle. All other races have qualifying times.

Please read the statements below carefully and tick the appropriate box/es.

• The 100m freestyle is an open event (8,9,10,11,12 and 13 year olds) and is for strong swimmers only.
• The 50 m freestyle is an age race i.e the swimmers will compete in the age they are turning this year.
• The 50m breaststroke, backstroke and butterfly events are run as Junior (8,9,10 years), 11 years and Senior (12,13 years) races.
• The medley is for strong swimmers only who are competent in all four strokes (freestyle, breaststroke, backstroke and butterfly) and who can confidently swim 200m without stopping.

My child is a confident and capable swimmer and I would like to enter them in the following events:

100 m freestyle – (strong swimmers only and must leave on the first bus shuttle at 9:00am)

All ages □

50 m freestyle –
8 years □ 9 years □ 10 years □ 11 years □ 12 years □ 13 years □

50 m breaststroke -
Junior □ 11 years □ Senior □

50 m backstroke –
Junior □ 11 years □ Senior □

50 m butterfly -
Junior □ 11 years □

50 m medley - (strong swimmers only)
Junior (8-11) □ Senior (12-13) □

Signed ................................................................. Date ......................................

*Note: Children are expected to listen to announcements regarding events. They are responsible for turning up to their selected events. They cannot enter events on the day.
ROUSE HILL P.S SWIMMING CARNIVAL
EVENT ENTRY FORM

Child's Name: ___________________________ Class: ___________

HOUSE: Please circle: Rouse (red)   Kelly (blue)   Davis (green)   Terry (yellow)

D.O.B ___________ Age turning/turned this year: ______ Gender: Female   Male

Please circle type of swimmer: strong   average

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□ All ages

50 m freestyle – 8 years   9 years   10 years   11 years   12 years   13 years

50 m breaststroke - Junior   11 years   Senior

50 m backstroke – Junior   11 years   Senior

50 m butterfly - Junior (8-11)   11 years   Senior

50 m medley - (strong swimmers only) Junior (8-11)   Senior (12-13)

Signed .................................................................................................. Date ...........................................

*Note: Children are expected to listen to announcements regarding events. They are responsible for turning up to their selected events. They cannot enter events on the day.